

#### ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



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Visit The Rotary Club of Winchester website at [www.winchesterrotary.com](http://www.winchesterrotary.com)

Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

January 26, 2017

**TONITE - 6 PM Board Meeting, Village Square Restaurant**  
 February 23 - 6 PM Board Meeting, GW Hotel  
 March 4 - Hands Against Hunger Food Packing at Sherando HS  
 March 25 - Kaleidoscope  
 March 16-19 - District Conference  
 March 23 - 6 PM Board Meeting, GW Hotel  
 April 28 - 6 PM Board Meeting, GW Hotel  
 May 4 - Civic Club Queen's Dinner

### OUR PROGRAM TODAY

A special Paul Harris Rotary Foundation Program, plus, Diana Ketterman will tell us about her Guatemala mission trip and her job shadowing outreach in partnership with the Rotary Club in Guatemala.

### BOARD MEETING...CHANGE OF LOCATION

We have a Board Meeting TONIGHT which will be held at the **Village Square Restaurant**. Please meet at the **V2 Lounge** at 5:30pm followed by the Board meeting starting promptly at 6 PM.

### Kaleidoscope - March 25th

The **Free Medical Clinic** is the 2017 beneficiary of Kaleidoscope. Tickets will be available soon!

### District Conference

The District conference is at the Homestead March 16 - 19th. This is a fun and informative event and if you are a first time attendee there are club matching funds to help with the costs.



### Foundation Minute

Gary Chrisman reiterated Conrad's plea to become a Paul Harris fellow and sustainer. Conrad has a great number of Foundation points that he is happy to give away if a member will step up his or her donations to the Foundation. See Gary, Scott or Conrad to negotiate your points and become a Paul Harris Fellow.



### LAST WEEK'S PROGRAM

**Embrace** is a Treatment Foster Care Program that recently opened an office in Winchester. Katharine McLeod, Foster Parent Recruitment Coordinator for Embrace told us that our area has been ravaged by the ongoing drug addiction problems and this has created unsafe or broken families. They are seeking local foster parents to bring children into their homes for a time period ranging from 6 to 18 months.

They welcome a wide variety of foster families as well as people who are older than traditional parents. The need is huge right now and the rewards are equally as huge...as the foster parents are often the first stable circumstance these children enjoy.

The state does pay a stipend for food, clothing, school supplies etc. Food stamps and Medicaid are also available which further helps defray the costs. Some of the children's parents will rehabilitate or other relatives sometimes come forward to raise the children and in some cases the children are adopted.

Foster homes are considered only a temporary solution. Our area currently has no foster homes available and therefore Embrace turns away 8-10 children a month. Typically the children are sent to another part of the state to live, which unfortunately uproots them from their friends and school.

Fostering a child can cover as little as two weeks to several years. If you are interested in Foster parenting, go to [www.embracetfc.com](http://www.embracetfc.com). There are interviews to go through for suitability etc. and training. If you cannot be a foster parent please talk about the process with others so that the word gets out. A foster parent typically considers the program 7 times before committing, so you could be one of those 7 contacts for that potential foster parent!

### *Need to make-up an absence? Check out these area club meetings:*

Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon  
 Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm  
 Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am  
 Front Royal - Friday Lunch - Houlihan's - Noon  
 Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm  
 Leesburg - Thursday Evening - Rivercreek Country Club - 6:00 pm

New Market - Wednesday Lunch - The Shenvalle - 12:10 pm  
 Purcellville - Thursday - Bethany United Methodist Church - 7:00 am  
 Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon  
 Warren Co. (was Linden) - Wednesday Breakfast, Mom's Country Kitchen - 7:00 am  
 Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm  
 Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

**Absentees: 1-19-2017**

William Aikens  
Tom T. Byrd  
Linda Coffman  
Julia Connell  
John Copenhaver  
Frances Crawford  
Nancy Davis  
Dana Evans  
Rob Frogale  
Wilson Gilbert

Jenny Grooms  
Dick Helm  
Sven Hlywiak  
Doug Joyner  
Dwight Kemp  
Deborah Langfitt  
Darla McCrary  
Alan McKay  
Bob Mitchell  
Kit Molden  
Adrian O'Connor

Libba Pendleton  
Chuck Peterson  
Ron Price  
Tom Rockwood  
Sue Scarborough  
Bernie Schwartzman  
Irv Shendow  
Ed White  
Ridge White  
Ryan Zelaski

**Visitors & Guests Last Week**

Cindy Hunter, visiting from Woodstock Rotarian  
Judy Blau & Ann Lamanna, guests of John Lamanna  
Duane Wernecke, guest of Mike Williams

**ROTARY TRAINING INFO**

The largest RLI training session in Zone 33 will again be held at the Inn at Virginia Tech on **February 4th**. It will be the final opportunity we will have to attend an RLI course in our district. All three levels of RLI and faculty training will be offered in Blacksburg at the Skelton Conference Center on the campus of Virginia Tech. RLI Level I is an excellent opportunity for new Rotarians to get to "know" Rotary.

You can sign up for the courses through the district website. Go to the calendar and scroll to February 4th. Click on the icon and enroll. The District will pay \$45 towards any Rotarians' tuition. Reimbursement forms will be given out during the training. **Help make this one of the most productive RLI training sessions we have had in the district.**

Woody Sadler, PDG, District RLI Chair

**CLEANING OUT YOUR CLOSETS?**

**If you can't hold onto your closet clutter until our Rotary Rummage Sale**, we have two great opportunities to support our Club's Charitable Foundation. **Stylish Seconds**, on Millwood Pike, (address is 17 S. Gerrard Street but the front door is on Millwood) is accepting ladies clothing for consignment. Just tell them you want the proceeds to go to the **Winchester Rotary's Charitable Foundation**.

You can also consign men's, women's and children's clothing along with toys, books, household items and furniture at **ETC.** which is located at 2104 S. Loudoun Street. It is on the same side of the street as Tire Distributors and about three blocks south. Tell them you want the proceeds to go to the Winchester Rotary Club's Foundation.

This is a great way to clean out clutter this winter and help your Rotary Club too. Please make sure your items are clean and in good condition.

**EVENT MAKE-UP SLIP**

The Rotary Club of Winchester

Print Your Name: \_\_\_\_\_

Event Attended: \_\_\_\_\_

Date of Event: \_\_\_\_\_

Committee, Board, Community Event

Date of Missed Meeting: \_\_\_\_\_

**(Turn in at Sergeant at Arms Desk)**

**Make-ups\* (Date & Function Attended)**

Callie Fitzwater - 1/5 - Kaleidoscope Mtg.  
John Lamanna - 1/10 - Frederick County  
Darla McCrary - 12/6 - International Affair Mtg.  
Kit Molden - 1/17 - Kaleidoscope Mtg.  
Guss Morrison - 12/6 - International Affair Mtg.  
Roy Schwarz - 1/17 - Frederick County  
Irv Shendow - 1/11 - Kaleidoscope Mtg.  
Jennifer Stanford - 12/6 - International Affair Mtg.  
Kelly Wolfe - 1/19 - Kaleidoscope Mtg.

**Turning in a Make-up?**

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted. Make-ups can also be submitted online at [winchesterrotary.com](http://winchesterrotary.com) under Member Login.

**Next Board Meeting TONIGHT  
at The Village Square Restaurant**

Attitude Adjustment 5:30 pm Meeting 6 pm

All are welcome, and it counts as a make-up!

**2017 Rotary International is in Atlanta! - June 10-14**

This is as close as it gets, folks! Area 1 has blocked out an entire hotel and room costs will be about \$250/night. Don't miss this opportunity to attend a historic event as the R.I. Foundation celebrates its 100th anniversary.

**OUR DRAWING**

Darcus Brenemqn took home \$27 in our weekly drawing...but, the 10 of clubs was not good enough to win the jackpot. Today it starts at \$469.



**Health Report: Don Stewart** greatly appreciated the cards and calls and he is doing much better. Please continue to wish him well and we hope to see him soon.

**Lori's Health Tip:** Breaking your day up with a little exercise at your desk is a great way to invigorate and motivate yourself. Lori led us on an in place march and then standing leg lifts. Both of the exercises promote circulation, strength and balance while never leaving your workspace.



**You are the Missing Piece . . .**

Invite a friend or colleague to Rotary . . . on us!

Our club is only as strong as its members, and we always need a few more of them! Look for our "Missing Piece" cards at the Sergeant-at-arms table...and bring a friend or business associate to lunch.



**President**  
**President-Elect**  
**Secretary**  
**Treasurer**

**Scott Arthur**  
**Julia Connell**  
**Paul Magness**  
**Cary Claytor**

**BOARD OF DIRECTORS**

2014-17: Dee Dee Barbour, John Elrick, Conrad Koneczny, Karey Starnes  
2015-18: Jean Barch, Tom Byrd, Roy Schwarz, Ed White  
2016-2019: Jenny Baker, Jaime Karalis, Dick Kent, Kent Mull,

**IMMEDIATE PAST PRESIDENT - Tootie Rinker**

**Cog Wheel Staff:** Jenny Baker, Mary Braun, Paul Burkholder,

Tom W. Byrd, Sharen Gromling, Don Karolyi

Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos: Jenny Baker

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