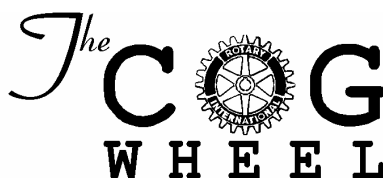


- ROTARY 4-WAY TEST**
1. Is it the TRUTH?
 2. Is it FAIR to all concerned?
 3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
 4. Will it be BENEFICIAL to all concerned?



Last Meeting
15 ZOOM 55 in person

Chartered 1921

Distinct 7570, Area 1, Club

April 18, 2024

OUR SPEAKER THIS WEEK:

Cabell Angle - New Eve Maternity Home

WHAT'S COMING UP...

25-Apr Tim Youmans City Planning Dept. - Street Names

25-Apr **BOARD MEETING**
6 pm at Winchester Country Club

26-Apr - Frothy Friday at El Centro

April 26-May 5 Shenandoah Apple Blossom Festival 2024

2-May Apple Blossom Queen's Dinner

9-May Dinner & Little Theater.



MEMBERSHIP SOCIAL – A GREAT SUCCESS!

Thanks to all those who brought prospective members to the Social last Thursday night. About 50 Rotarians from not only our Club but also from the Frederick Co Club and NSV Club (Lake Frederick) brought 17 interested guests. The Country Club outdid itself with a beautiful buffet and extensive cash bar. Thanks to Chris Kyser and Annie Lamanna for manning the registration desk. Those present were treated to a short introductory video before being entertained and informed by our own Don Louque, Bill North (Frederick Co Club) and Mario Wisdom (NSV Club). The event produced a lot of excitement at the prospect of growing our local clubs. The evening was still going strong even after 2 hours. But don't wait for next year's Social to introduce someone to Rotary. Bring your member candidate to a lunch meeting and watch them be impressed!



ROTARY GOLF

The Rotary Golf Committee is starting to prepare for this October's tournament. If you would like to join the committee or if you have a suggested beneficiary for the 2024 tournament, please reach out to Les Veach, Chairman, or Don Louque.

OPPORTUNITIES TO HELP

A/V HELP NEEDED

The A/V committee needs help with their weekly meeting set-up & take-down. Contact Dave Miles if you can help out. dave@drdavemiles.com

NEWSLETTER

Make-up Opportunities!! We could use a few volunteer reporters to take notes each week for the Cog Wheel. Also, someone to take a few photos at our meetings & events. Please contact Sue Rich ClearChoicePrinting@gmail.com or President Jenny if you can help.



OUR NEXT FROTHY FRIDAY IS APRIL 26th

Frothy Friday will be meeting at a special place this month! Since the Bloomin' Wine Fest on the Old Town Mall

is being held the same day, let's all meet at EL CENTRO and enjoy the festive atmosphere. 5:30-7pm. Come earlier if you want to help us save seats. Let's get our Bloom on! **Hope to see you there!**

LUNCH OPTIONS

President Jenny asked club members if they are interested in having gluten free options at lunch. If you want this option please let Jenny know.

2025 DISTRICT CONFERENCE

Mark your calendar! President Jenny encouraged members to start planning for the **2025 District Conference** which will be held at The Inn at Virginia Tech - April 4th-6th next year.

Absentees Apr. 4th	Linda Coffman	Jenny Grooms	Rick Mabe	Ben Rothermel
William Aikens	Julia Connell	Kim Herbstritt	Paul Magness	Kit Rutherford
Loir Bales	Anthony Crosen	Sven Hlywiak	Dan Martin	Roy Schwarz
Cyril Barch	Nancy Davis	John Huddy	Chris Merchant	Nancy Silva
Jackie Bates	Rosalee Delcampo	Sherry Hudson	Kent Mull	Jimmy Stafford
John Blevis	Marie DiLorenzo	Doug Joyner	Cary Nelson	Kathy Tagnesi
Kim Blosser	Dana Evans	David Kent	Steve Parrish	Brandon Thomas
Kerri Burkhart	Sharon Farinholt	Dick Kent	Chris Redmer	Michelle Thomas
Eric Chrisman	Rob Frogale	Chris Kyser	Amy Rice	Ajay Virmani
Gary Chrisman	Krista Gibbs	Alexis LaPorte	Tootie Rinker	Elyus Wallace
Lauren Clouse	Phil Glaize	Chris Lewis	Madelyn Rodriguez	James Youngblood

Make-ups* (Date & Function Attended)
 Cyril BArch - 3/19 - HFOH Committee Meeting
 Gary Chrisman - 2/22 - Awards Night Meeting
 Chris Kykser - 3/23 - HFOH Committee Meeting
 Rick Mabe - 3/23 - HFOH Committee Meeting

Turning in a Make-up?
 Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.



APPLE BLOSSOM QUEEN'S DINNER

The Apple Blossom Queen's Dinner is Thursday, May 2nd, according to Apple Blossom representative Jill Karalis. It will be emceed by Don Louque, III, and will include drinks! (A coincidence? We think not.) Don said the Queens dinner tickets are all sold, so no need to ask about them anymore.

LITTLE THEATER NIGHT



Our Winchester Little Theater Night will be held on May 9th. The evening will include dinner at Oakcrest followed by 'The Spitfire Grill' at the Winchester Little Theater. Tickets are \$25 per person.

NEW MEMBER INDUCTIONS

Angie Hausman, Larry Cain, and Pat Finn joined our ranks. Please welcome them to the club next time you see them and stay tuned for their New Member talks!



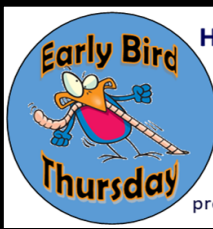
Angie



Larry



Pat



Hey Zoomers: Be a Last-Thursday Early Bird!

Coming on the last Thursday of each month: log-in at noon to catch up on news, gossip, and more. Please be sure to turn on your video so we can see you!
 If you just want to catch the meeting announcements and program, we'll see you at 12:20. But you won't get a worm...

EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____
 Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

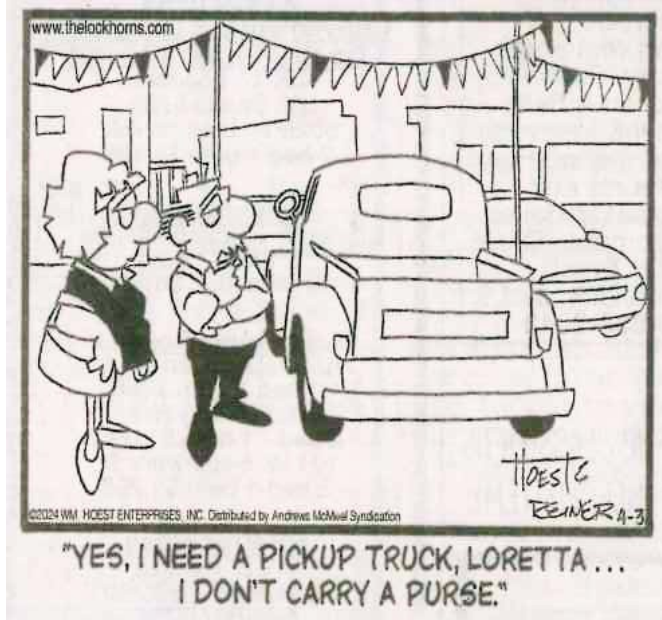
HEALTH TIP

Libba shared that April is a good time to talk about cancer awareness and encouraged everyone to get 30 minutes of exercise a day, which has been shown to reduce all types of cancer.

The first official cancer diagnoses occurred in the 1700s and were tied to the use of snuff and the vocation of chimney sweeping. (We now know that pretty much everything else causes cancer eventually...)

APPLE BLOSSOM FLOAT

Wilson Gilbert said that the 2024 Rotary Apple Blossom float will use our Healing Fields of Honor as a primary theme. Wilson said that they are still looking for a few young riders for our float, preferably ages 7-11.



Treat any friend or co-worker who may be a potential member to lunch on us! Free lunch cards are available at the Sergeant-at-Arms table.

President - Jenny Baker	Secretary - Paul Frank
President-Elect - John Lamana	Treasurer - Bob Hall
BOARD OF DIRECTORS	
2023-2026 Gary Chrisman, John Elrick, Darcus Breneman, Rick Mabe	
2022-2025 Wilson Gilbert, Darla McCrary, Chuck Peterson, Ridge White	
2021-2024 Dave Miles, Jay Smith, Dave Sweeney, Heather Hovemale	
IMMEDIATE PAST PRESIDENT - Jaime Karalis	
Editor: Sue Rich	Reporter: Dave Smith