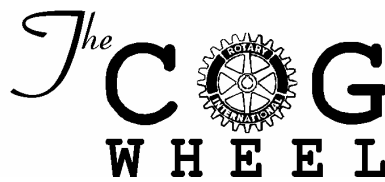


- ROTARY 4-WAY TEST**
1. Is it the TRUTH?
  2. Is it FAIR to all concerned?
  3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
  4. Will it be BENEFICIAL to all concerned?



Last Meeting  
10 ZOOM      61 in person

Chartered 1921

Distinct 7570, Area 1, Club

April 25, 2024

**OUR SPEAKER THIS WEEK:**  
Tim Youmans City Planning Dept. - Street Names  
**WHAT'S COMING UP...**

**NEXT BOARD MEETING**  
**THURSDAY, APRIL 25 6:00 PM**  
*Winchester Country Club*  
*All are welcome & it counts as a Make-up!*

- 26-Apr - Frothy Friday at El Centro
- April 26 - May 5 Shenandoah Apple Blossom Festival 2024
- 2-May Apple Blossom Queen's Dinner **NO NOON MEETING**
- 9-May Little Theater Night

**APPLE BLOSSOM FLOAT**



Wilson Gilbert said that the 2024 Rotary Apple Blossom float will use our Healing Fields of Honor as a primary theme. Wilson said that they are still looking for a few young riders for our float, preferably ages 7-11.



**OUR NEXT FROTHY FRIDAY IS APRIL 26th**

Frothy Friday will be meeting at a special place this month! Since the Bloomin' Wine Fest

on the Old Town Mall is being held the same day, let's all meet at EL CENTRO and enjoy the festive atmosphere. 5:30-7pm

Come earlier if you want to help us save seats. Let's get our Bloom on! *Hope to see you there!*

**NEW MEMBER INDUCTION**



Skip Philips was inducted into our club last week. Please take a moment to say hello and make him feel welcome!



**OUR PROGRAM LAST WEEK**



**Cabell Angle, the President of New Eve Maternity Home**, shared his organization's mission, which is to assist mothers who are pregnant or raising children alone.

Cabell "emigrated" to Winchester here from Fairfax County in 2011, a year after New Eve Maternity Home was founded by a small group from Sacred Heart Catholic Church. The home is a 501c3 with

no formal church affiliation, but they do get generous support from Sacred Heart.

The organization's philosophy is that being pro-life means supporting not only the newborn but also it's mother. They have two homes within the Winchester city limits and can host seven mothers and their children at a time. They are one shy of that mark but are expecting their seventh resident very soon. The center received 113 calls from women inquiring into their services in 2023 and are up to 21 calls so far this year. They have welcomed 45 newborn babies since their founding.

Although New Eve can help facilitate adoption once an expectant mother gives birth, Cabell said that most mothers opt to keep and parent their newborn. They can stay up to 2 years with no living expenses, but are expected to hold a full-time job and come up with a plan for living independently when those two years are up. Most residents end up going to school full-time and/or working to save for their independence.

The center provides mentors for the women to help them learn life skills and plan for the future. They also offer weekly speakers every Tuesday night on topics ranging from fire safety to simple Auto maintenance. The women come from a variety of backgrounds, most of which are rough and have included human trafficking, drug use, and abandonment. The house operates on a demerit system- if you don't follow the rules, you received a demerit and which can add up to expulsion.

Newborn babies' fathers are not permitted in the houses as they are often the reason a woman has come to the home. It also helps promote independence among the mothers. The maternity center is supported entirely by private donations and utilizes lots of volunteers for everything from babysitting to yard work and house repair.

<b>Absentees Apr. 18th</b>	Eric Chrisman William Aikens Jenny Baker Lor Bales Jackie Bates John Blevins Kim Blosser Darcus Breneman Kerri Burkhardt Larry Cain Kevin Callanan Kaycee Childress	Rob Frogale Robert Garrett Krista Gibbs Phil Glaize Phil Griffin Jenny Grooms Angela Hausman Dana Evans Sharon Farinholt Ann Fox John Fox Paul Frank	David Kent Dick Kent Trey Kern John Lamanna Alexis LaPorte Chris Lewis Don Louque Paul Magness Dan Martin Chris Merchant Kent Mull Steve Parrish	Chuck Peterson Chris Redmer Madelyn Rodriguez Kit Rutherford Roy Schwarz Nancy Silva Martin Tabaka Brandon Thomas Michelle Thomas John Tyson Les Veach Elyus Wallace Ed White
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**Make-ups\*** (Date & Function Attended)  
 Kevin Callanan - 4/16 - HFOH Committee Meeting  
 Paul Frank - 3/19 - HFOH Committee Meeting  
 Phil Griffin - 3/28 - Board Meeting  
 John Lamanna - 3/23 - HFOH Committee Meeting  
 Chuck Peterson - 2/22 - Board Meeting  
 Les Veach - 3/23 - HFOH Committee Meeting

**Turning in a Make-up?**  
 Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.



**APPLE BLOSSOM QUEEN'S DINNER**

The Apple Blossom Queen's Dinner is Thursday, May 2nd, according to Apple Blossom representative Jill Karalis. It will be emceed by Don Louque, III, and will include drinks! (A coincidence? We think not.) Don said the Queens dinner tickets are all sold, so no need to ask about them anymore.

**LITTLE THEATER NIGHT**

Our Winchester Little Theater Night will be held on May 9th. The evening will include dinner at Oakcrest followed by 'The Spitfire Grill' at the Winchester Little Theater. Tickets are \$25 per person.



**NEW MEMBERS**

Angie Hausman, Larry Cain, and Pat Finn joined our ranks a few weeks ago. Please welcome them to the club next time you see them and stay tuned for their New Member talks!

**CLOTHES DRIVE FOR CCAP!**

The Impact Committee would like to address CCAP's desperate need for clothes. As the seasons are changing, now would be a good time to look at those clothes you didn't wear last year but are still in nice condition and find a new home for them. CCAP needs clothes for all ages, infants to adults (esp men's socks), that can be worn in the warm months ahead. No underwear, please.



There will be a collection site at the Sgt-at-Arms desk for drop offs for the next 3 weeks. Questions? Contact Dave Miles (757) 334-3771 or Jean Barch (540) 247-8402.

**LIBBA'S HEALTH UPDATE**

Libba shared the sad news that Dennis McLoughlin's wife, Mary Carolynn, passed away this week after a long battle with cancer. Please remember him and his family in your prayers and with a card if you can.

**HEALTH TIP**

April is Stress Awareness Month and Libba says we need to make sure we're taking care of ourselves. Too much stress causes a long list of health issues, including high blood pressure, anxiety, and depression. Roughly 75% of doctor visits are for ailments that have a stress or anxiety component. Simple breathing exercises like the 5/2/5/2 plan (breathe in for 5 seconds, hold for 2, release for 5, and wait for 2) can reduce stress and thereby improve your health. Use beer and wine in case of emergency - and only in moderation...

**EVANS HOME VAN FINALLY "WRAPPED"!**

In 2021, our Club in conjunction with the Stonewall Ruritan Club and a generous donation by Chris Lewis purchased a van for The Evans Home through the proceeds from the Rummage Sale. The van has finally been "wrapped" with decals indicating who sponsored the van. A final presentation picture of the van and the principal players will be taken in the next week and published in the paper. As the Rummage Sale reinvents itself, what a great way to transition out. Many thanks to Wilson Gilbert for his tireless efforts to make this happen.



**DON'T FORGET YOUR GUEST**

Many of you brought a potential member to the Membership Social. Now that you've got their attention, don't lose them! Remember to invite them to our next meeting to experience our Club and see if it's right for them. Applications can be picked up at the Sgt-at-Arms desk, on our website or contact Jean Barch at barchfam@comcast.net.

**EVENT MAKE-UP SLIP**  
 The Rotary Club of Winchester

Print Your Name: \_\_\_\_\_

Event Attended: \_\_\_\_\_

Date of Event: \_\_\_\_\_  
 Committee, Board, Community Event

Date of Missed Meeting: \_\_\_\_\_

**(Turn in at Sergeant at Arms Desk)**

<b>President</b> - Jenny Baker	<b>Secretary</b> - Paul Frank
<b>President-Elect</b> - John Lamana	<b>Treasurer</b> - Bob Hall
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2023-2026 Gary Chrisman, John Elrick, Darcus Breneman, Rick Mabe	
2022-2025 Wilson Gilbert, Darla McCrary, Chuck Peterson, Ridge White	
2021-2024 Dave Miles, Jay Smith, Dave Sweeney, Heather Hovemale	
<b>IMMEDIATE PAST PRESIDENT - Jaime Karalis</b>	
Editor: Sue Rich	Reporter: Dave Smith