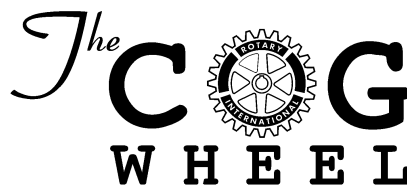


ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Last Meeting

13 ZOOM 49 in person



Chartered 1921

Distinct 7570, Area 1, Club

July 25, 2024

THIS WEEK IN THE PARK:

Robert Garrett from the Boy Scouts

WHAT'S COMING UP...

Thursday Evening - Board Meeting

- Aug. 1 - Our Family Picnic, Rotary Shelter, Jim Barnett Park 5:30 pm
 Aug. 8 - Rotary Day at Camp Fantastic, the 4 H Center in Front Royal
 Sept. 21 & 22 - APPLE HARVEST ARTS & CRAFTS

NEXT BOARD MEETING
THURSDAY, JULY 25 6:00 PM
Winchester Country Club

All are welcome & it counts as a Make-up!

JOIN US FOR OUR

ANNUAL FAMILY PICNIC AUG. 1st 5:30 PM

NO NOON MEETING

Come see the new playground that's been installed next to our pavilion. Anyone interested in helping, contact Dan Martin (danmartin1961@yahoo.com) or Jean Barch (barchfam@comcast.net).



CHECK PRESENTATIONS

Show Them the Money- Winchester Sheriff William Sales and Denise Snapp of the Winchester Fire and Rescue Foundation, were presented with checks of \$2,800 each as part of the proceeds from the Healing Field of Honor.

Sheriff Sales said the funds would support Project Lifesaver, an initiative we heard about a couple months ago where in the elderly, autistic, and mentally challenged can be tracked to prevent them from wandering off.

Denise thanked the club for the opportunity to be part of the FOH and said it was a very enjoyable experience for her and her volunteers to help with it.



OUR PROGRAM LAST WEEK

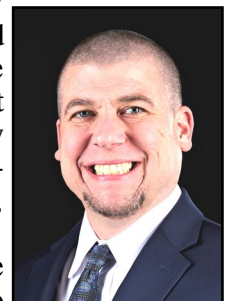
Is there a doctor in the house? Last week, there were two! Dr. Angie Hausman, a retired professor of marketing from Shenandoah University, kicked things off by recounting her multifaceted history. She earned a PhD from the University of South Florida and a master's from the University of Pittsburgh. She has taught at five different universities in her career, the most recent of which was Shenandoah. She also attended 13 different schools by the time she graduated high school. She has three children who live in Sterling, Los Angeles, and Cincinnati, and has been a member of three different Rotary clubs in Texas, Alexandria, and now Winchester. (She says ours is the best!)



Angie is retired from teaching but acts as a consultant in marketing, as well as being an author of "apocalyptic novels," having just finished her fifth. She is proud mother of a Pitbull named Pearl and has a foster son, Lincoln, who starts kindergarten this fall. In her spare time, she enjoys hiking, wine, and older music.

She says she loves the relative tranquility of Winchester, especially compared to the chaos of Alexandria.

Our second speaker was Dr. George Hummer, the superintendent of Frederick County schools. He moved to the area a year and a half ago and was thrilled to finally be giving his new member talk. George kept his bio short, saying he has lived in New Jersey as well as Spotsylvania and Stafford, VA. He's married with three kids, and had a mother who was a teacher.



George spent the bulk of his time talking about his late Uncle George, who passed away a month ago after living more than four decades as a quadriplegic. He credited his Uncle George for teaching him who and how to be, describing his uncle as very stubborn. It was a trait that saved Uncle George's life after he was paralyzed in a motorcycle accident at age 21. Refusing to be limited in what he could do, Uncle George overcame many obstacles throughout his life and had many accomplishments. He looks to him as for inspiration in overcoming his own obstacles and said our club was the best thing he's done since he moved to Winchester.

Absentees July 18

Dan Abel	Eric Chrisman	Krista Gibbs	David Kent	Kit Rutherford
William Aikens	Gary Chrisman	Phil Glaize	Dick Kent	Karen Schultz
Lori Bales	Julia Connell	Kim Herbstritt	Pat Kofalt	Roy Schwarz
Cyril Barch	Anthony Crosan	Sven Hlywiak	Alexis LaPorte	Irv Shendow
Jean Barch	Nancy Davis	Heather Hovermale	Chris Lewis	Nancy Silva
Jackie Bates	Rosalee Delcampo	Sherry Hudson	Paul Magness	Dave Sweeney
John Blevins	Robert DeMay	George Hummer	Dan Martin	Martin Tabaka
Kim Blosser	Rebekah DesMarais	Alex Iden	David Miles	Kathy Tagnesi
Jan Bresch	Dana Evans	James Imoh	Kent Mull	Brandon Thomas
Byronn Brail	Patrick Finn	Donna Jenkins	Cary Nelson	Michelle Thomas
Larry Cain	Ann Fox	John Jewell	Steve Parrish	Les Veach
Kevin Callanan	Rob Frogale	Doug Joyner	Amy Rice	Ajay Virmani
Robin Cardillo	Robert Garrett	Don Karolyi	Madelyn Rodriguez	Ben Weber
				Ed White

Make-ups* (Date & Function Attended)

Dan Abel – 5/7 – HFOH Committee Meeting
 Pat Kofalt – 5/7 – HFOH Committee Meeting
 David Miles – 5/7 – HFOH Committee Meeting
 David Sweeney – 4/25 – Board Meeting
 Les Veach – 6/13 – Golf Committee Meeting

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted.

NEW PARK PLAYGROUND



Dave Miles and Heather Hovermale announced the completion of the new playground next to our shelter at Jim Barnett Park. Heather’s 5-year-old daughter recently tried it out and loved it, so it’s child approved. (She also starting picking up the trash around it – the benefit of feeling like it’s “your playground.” We should all take ownership so seriously.) Want your family to try it out? Our family picnic on August 1st is a prime opportunity!

HEALTH TIP

Libba shared that July is Ice Cream Month, as first proclaimed by former President Ronald Reagan. Ice cream as a delicacy was preceded by fruit and honey in ancient Greece.

What we think of as ice cream is credited to Catherine Medici of 16th century Europe. King Charles kept the recipe within the Royal Family until the 1700s, when it spread discreetly to the general public.



Consuming ice cream can be healthy – in moderation – as it contains calcium, potassium, and a few other benefits, especially if you had berries or dark chocolate. Consumption of one cup of ice cream per day has been shown to reduce the heart risk for diabetics- you'll have to take Libba’s word for it.

ROTARY GOLF

The club is seeking a nonprofit organization to be the beneficiary of this year’s event. We will be using the Community Foundation to organize the application process. It is anticipated that about \$10-15,000 will be raised. Nonprofit organizations can access the application process through the CFSNV.org website. The deadline for applications is July 18.



GENERAL ANNOUNCEMENTS

>> The board has decided to raise the quarterly dues for all membership categories by \$7, which will allow the club to have a revenue positive budget.

CAMP FANTASTIC ROTARY DAY

This year’s Rotary Day at Camp Fantastic will be Thursday, August 8, at the 4 H Center in Front Royal. Winchester Rotarians have traditionally served dinner to the campers annually during the camp’s summer session. The late Tom Baker, a long-time club member and supporter of the camp, began this tradition. This year a new terrace at the 4 H Center, named in Tom’s honor, will be dedicated at 11:00 am on June 15th. If you would like to help with Rotary Day....contact Dave Smith.

RIDES TO ROTARY!

The Transportation Committee offers rides to Rotary meetings and events for anyone needing a lift. Just contact Bob Hall at: rhallds@comcast.net or call/text him at 540-336-5479 to make arrangements.



EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____
Committee, Board, Community Event

Date of Missed Meeting: _____

President - John Lamanna Secretary - Bob Hall
 President-Elect - Paul Frank Treasurer - Darcus Breneman

BOARD OF DIRECTORS

2024-2027 Cyril Barch, Dan Abel, Diane Ruckman, David Kelly
 2023-2026 Gary Chrisman, John Elrick, Darcus Breneman, Rick Mabe
 2022-2025 Wilson Gilbert, Darla McCrary, Chuck Peterson, Ridge White

IMMEDIATE PAST PRESIDENT - Jenny Baker

Newsletter Editor: Sue Rich

Reporter: Dave Smith